



SPRING 2004

THE PINE TREE FP

MAINE ACADEMY OF FAMILY PHYSICIANS

P.O. Box 424, Hartland, Maine 04943-0424



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Deborah Halbach

(207) 938-5005 (tel) ~ (207) 938-5931 (fax)

Office Hours: Monday-Thursday 9 a.m.-2 p.m.



MAFP E-Mail

maineafp@tdstelme.net

www.maineafp.org

MAFP Pine Tree FP Information

Closing Dates:

ISSUE	COPY DUE	MAILED
Winter	November 30	January 15
Spring	February 28	April 15
Summer	May 30	July 15
Fall	August 30	October 15

Mailed 4 times a year to over 700 family physicians, FP residents, and medical students in Maine. Additional copies of Pine Tree FP are mailed to other medical professionals upon request. Call (207) 938-5005 for display and classified advertising rates.

Maine Academy of Family Physicians Board Endorses Dr. Judith Chamberlain for AAFP Board Candidate

The Maine Academy of Family Physicians Board of Directors voted to endorse Dr. Judith Chamberlain's candidacy for AAFP Board of Directors. Dr. Chamberlain has practiced Family Medicine here in Maine since the early 1980's. She has been an active participant in the MAFP, serving on the Board of Directors, a term as President, Education Committee Chair, Pine Tree Editor, and was voted MAFP Family Physician of the Year in 1993. On the national level, Dr. Chamberlain has represented the MAFP for a number of years as a Delegate to the AAFP Congress of Delegates and just completed a 3-year

term on the Committee on Special Constituencies, this last year serving as committee chair.

The MAFP Board of Directors encourages our members to attend the upcoming Congress of Delegates, October 11-13, 2004, in Orlando, Florida. The AAFP Scientific Assembly combined with the WONCA conference, follows October 13-17. For the most up-to-date information on the 2004 Scientific Assembly, go to www.aafp.org/assembly.xml. Why not host a Wonca attendee...make an international friend! For more information, visit www.aafp.org/woncahosting.xml.



Dr. Chamberlain presents Tar Wars to 5th Grade students in Brunswick

President's Message

Once again the seasons begin to change here in Maine. Winter is losing its grip and Spring is trying to break out and bring new life to



Dieter Kreckel, M.D.

the woods and fields of Maine. Sometimes the seasons go by our offices and we have little or no time to appreciate the changes. Changes however have become the cornerstone of medicine and the practice thereof. We in Family Medicine are on the edge on which many of these changes occur. Naturally we struggle to maintain up to the minute knowledge on the current events and standards of medical care. Daily we sit with our patients and find ways to cure their ills, mend their wounds and meet the challenges of modern day medical economics. Sounds daunting doesn't it? Remember you are not alone and in fact that is one of the primary reasons the MAFP exists. I have good news for all of you.

The first piece of news is to ask you to pay attention to the flyer you received and the advertisement in this issue of the MAFP news letter. They are about the upcoming Annual MAFP conference in Portland. There are three very informative segments to this years conference. We will begin with discussions about the Dirigo Health Plan with Gov. Baldacci, the PA system for medications, and the new Board certification requirements for all of us. That will be followed by the usual very informative 'lecture' series on various topics. Friday for the very first time we will share information with members of the Maine Psychiatric Association on topics of common interest. It will also provide an opportunity for everyone to develop a line of communication that eventually may lead to greater cooperation between both groups and help us all care for our patients.

The second opportunity to enhance

our abilities to meet the challenges of the future is because one of our own has an opportunity to be elected to the Board of Directors for the AAFP. That person is Judy Chamberlain, previous President of the MAFP and currently a Family Medicine physician in the Brunswick, Me. She has been active in the affairs of Family Medicine at both the local and national level for many years. I am asking for your support to help us get Judy elected to the Board. I will be going to the convention to help her in her election bid.

The third opportunity is more of an individual one. Once again it is an elec-

tion year on many levels. You may not believe it but you have an important voice when it comes to medical legislation. Unfortunately, when it comes to drafting and passing bills legislators can only make decisions on what information they have in front of them. If we are silent, those decisions are made without our expertise. I can only ask that you be involved and help shape the changes instead of being shaped by them.

I hope to see you all at the conference in Portland. Thank you for your support.

AAFP'S 2004 Annual Clinical Focus is "Caring for America's Aging Population"

The initiative will address the psychosocial and physical changes associated with aging, multiple chronic health problems and challenges of management across clinical settings and ethical issues. Visit the ACF Web site at <http://www.aafp.org/acf.xml> for information about ACF



April is...

National Minority Health Month!

- Raise awareness of ethnic and racial health disparities
- Implement initiatives to reduce the complex problem of minority health disparities

To review AAFP's online minority health resources, go to
<http://www.aafp.org/x20395.xml>

Maine scores 3 out of 10 in new Bioterror Preparedness Study

Report finds Federal funds have yielded only modest improvements in state

Budget Cuts, Bureaucratic Red Tape and Interagency Wrangling Hurting Preparedness Efforts

WASHINGTON, December 11, 2003

A report released today by Trust for America's Health (TFAH) finds that after two years and nearly \$2 billion of federal bioterrorism preparedness funding, states are only modestly better prepared to respond to health emergencies than they were prior to September 11, 2001. The TFAH report, "Ready or Not? Protecting the Public's Health in the Age of Bioterrorism," examines how each state performs on 10 key indicators, which assess areas of improvement and areas of ongoing vulnerability in our nation's effort to prepare against bioterrorism and other large-scale health emergencies.

Maine was one of twelve states and the District of Columbia to receive a score of three out of 10 possible indicators. A majority of states, 38, earned marks for only half (five) or fewer of the possible 10 indicators. Florida, Maryland and Tennessee scored the highest, with scores of seven out of 10. Arkansas, Kentucky, Mississippi, New Mexico and Wisconsin scored the lowest, meeting just two of the indicators.

Maine has made progress to expand the health emergency communications network, upgrade public health laboratories and to develop initial bioterrorism response plans.

However, the report found that Maine and the rest of the nation face major concerns including: cuts to public health programs in nearly two-thirds of the states; an impending shortage of trained professionals in the public health workforce; disagreements between state and local health agencies over resource allocation; and tie-ups of much of the federal bioterrorism funding due to bureaucratic obstacles. The report also found that only Florida and Illinois are prepared to distribute and administer emergency vaccinations or antidotes

from the national stockpile. It also showed that states' readiness for other health emergencies, such as a major infectious disease outbreak like severe acute respiratory syndrome (SARS), is seriously inadequate.

"Are we ready or not? The answer is not. Now is the time to get serious about developing an all-hazards approach to public health to ensure we are ready for the range of possible threats we face," said Shelley A. Hearne, Dr.P.H. executive director of TFAH. "The federal Bioterrorism funds were an important first step. However, two years of increased funding cannot make up for two decades of underinvestment."

"With bioterrorism, chemical terrorism, SARS, and West Nile virus representing only a handful of today's health threats, federal, state and local health agencies are being pushed and pulled beyond their limits," said Lowell Weicker, Jr., TFAH Board President and former three-term U.S. Senator and Governor of Connecticut. "The federal funding influx has created a perception that America's long-neglected public health system is undergoing rapid and substantial improvements. Instead of public health preparedness becoming a national priority, this report shows that it's become tied up in red tape."

TFAH's report examined every state's preparedness level in three general categories:

1. Funding, including state budgets for public health programs;

2. Public health infrastructure, including an examination of workforce, laboratories and communications preparedness; and 3. "Double duty" indicators that reflect how recent public health bioterrorism funding has affected traditional public health functions.

To ensure that sufficient preparedness measures are in place, TFAH recommends the following actions:

- New federal measures should be established to ensure that state and local public

health agencies are battle-ready for all hazards, not just biological terrorism;

- CDC should track expenditures and institute measurable preparedness standards for state and local health departments to ensure accountability and efficient distribution of funding; and

- The White House, in consultation with Congress, should convene a national summit on the future of public health to develop a cohesive, national approach to public health protection. The report was supported by grants from The Robert Wood Johnson Foundation and the Bauman Foundation. It is available on TFAH's Web site at www.healthyamericans.org.

This article reprinted from Trust for America's Health. Trust for America's Health is a non-profit, non-partisan organization dedicated to saving lives by protecting the health of every community and working to make disease prevention a national priority

Heads Up! get your FREE CDC tool kit for Health Care Providers on Mild Traumatic Brain Injury

More than 1.1 million people sustain mild traumatic brain injuries (MTBIs) each year. Health care providers can play a key role in helping to prevent MTBIs and in improving patient outcomes when it does occur.

The Centers for Disease Control and Prevention (CDC), working with a number of partners, has developed a new tool kit to improve clinical diagnosis and management of MTBI. "Heads Up: Brain Injury in Your Practice," is now available free of charge. The kit contains practical, easy-to-use clinical information, patient information in English and Spanish, scientific literature, and a CD-ROM. To order your free tool kit, please visit www.cdc.gov/ncipc/pub-res/tbi_toolkit/toolkit.htm. You also can fax your request to 770-488-4338, Attn: TBI tool kit.

Annual Medical Fiction Writing Competition for Physicians

SEAK, Inc., Legal and Medical Publishers is sponsoring the nation's 4th Annual Medical Fiction Writing COMPETITION for Physicians.

The purpose of the competition is to encourage physicians to become more interested in and adept at writing medical fiction.

FORMAT

A short story or novel excerpt in the medical fiction genre should be submitted. The submission should be typed and not exceed 2,500 words. (This will be strictly enforced).

DEADLINE

September 1, 2004

JUDGING

The submission will be judged on originality, quality of writing, and the potential of the author

Submission should be submitted to: SEAK, Inc., Attn: Steven Babitsky, President, PO Box 729, Falmouth, MA 02541.

GUIDELINES

1. The competition is open to any licensed physician in the United States and its territories.

2. The physician's name, address,

phone number and e-mail address should be contained in the submission.

3. Only entries received by SEAK, Inc. on or before September 1, 2004 will be considered.

4. Only one entry should be submitted by each physician.

PRIZES

First prize will be \$1,000 SEAK gift certificate plus lunch with Michael Palmer, MD and Tess Gerritsen, MD, NY Times best-selling authors, on September 11, 2004, at the Sea Crest Resort, Falmouth, MA.

Second prize will be \$500 SEAK gift certificate and autographed copies of Michael Palmer's and Tom Gerritsen's latest books.

Third prize will be \$250 SEAK gift certificate.

Prize winners will be notified by email or phone.

CONDUCTING COMPETITION

SEAK, Inc., a leading medical education company which sponsors the Annual Medical Fiction Writing Workshop for Physicians, is running the competition. The 5th Annual Medical Fiction Writing Workshop for physicians will be held on September 10-11, 2004 on Cape Cod, MA. This year's conference features three pre-conferences on September 10, 2004. Non-Fiction Writing For Physicians, Getting Your First Novel Published and Screenwriting For Physicians. For additional information concerning SEAK, Inc. and/or the Medical Fiction Writing Workshop, please visit our website at www.seak.com or call SEAK, Inc. at (508) 457-1111.

CHARGE FOR ENTERING

There is no charge for entering the competition

ENTRY FEE

There is no fee to enter the competition.

JUDGING

The judging will be done by a panel of judges at SEAK, Inc. No employees or relatives of employees of SEAK, Inc. are eligible to enter the competition.

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Welcome New Members

FAMILY PRACTICE RESIDENT MEMBERS:

CMMC Family Practice Residency:

Timothy Burdick MD; Geniene Feldman MD; Balint Budai MD; Magili Chapman DO; Michael Kaylor MD; Michael Liu MD; Narayana Padala MD; Nathan Raby DO; Gina Wilson MD; Timothy Burdick MD

EMMC Family Practice Residency:

Hasan Basheera MD; Stuart Damon DO; Lori Fos MD; Graham Hill DO; Sarah Irving MD; Bryan Lundquist MD; Alias Roberts DO; Tofigh Tabarmanaf MD; Thomas Walters MD; Brent Whitehead MD

Ma i n e Dartmouth Family Practice Residency:

Hanna Napiorkowska MD; Amy Madden MD; Kenneth Fowler MD; Chiedza Jokonya MD; Ahmed Aldilaimi MD; Pamela Courtney MD; Timothy Pieh MD; Jenny Pisculli MD; Jan Ryszkowski MD; Ferdinand Saran MD; Gayle Smith DO; Karen Sokol MD

MMC Family Practice Residency:

William Wadland MD; Kristen Silva MD; Tiffany Segre MD; Peter Sedgwick MD; Allison Pope MD; Peter Leighton MD; Katrin Bergeron-Killough, MD

LIFE MEMBER:

Eric Burke MD, Machias

ACTIVE MEMBERS:

Eric Daub MD, West Enfield; David Ferris DO, Madison; Elisabeth Mock MD, Lewiston; Tresa Morgan MD, Presque Isle; Merideth Norris DO, Blue Hill; Deborah Peabody MD, Linconville; Amelia Randolph MD, Lewiston; Diehl Snyder MD, Bar Harbor

STUDENT MEMBERS:

Andrea Abrell, John J Agresta, Michael Akerley, Jacquelyn Allen, Shawna L Barry, Jeff Bartlett, Jonquille Bouchard, Daniel T Brannon, Jaclyn Brittman, Matthew Bromley, Matthew P Cameron, Derek Carlson, Tiffany Cetry, Rebecca Corbett, Mary Cullen, Kathryn Dalton, Karolina Dembinski, C DuBois, Adam Duckett, Michelle Dunlary, Paul Dybull, Kendra Emery, Ryan Fillipon, Athina Giovanis, Laura Gladstone, Jeff Grassmann, Deno Gualtieri, Nat Harlow, Jesse Hart, Joshua Haugh, Kevin Heaton, Jennifer Holzinger, Jara Johnson, James Jones, Bethany Karl, Matt Keller, Walter Kilpatrick, Michael Kleinman, Sarah Leonard, Matthew Lopresti, John Lowery, Tasha Ludwick, Meghann Lyons, Eric Matthews, Rhianna Meadows, Erika Mello, Kristen M Michalopoulos, Kristen Mitchell, Anita Mohan, Sang Nguyen, Fred Nichols, Anna Norat, Christopher O'Connor, David Patchett, Michael Pincus, Joseph Podoiski, David Rawcliffe, Michael J Remley, Sara Richmond, Amanda Ruxtar, Thomas Ryan, Kristen Schumann, Chris Scianna, Michael Shairs, Deb Shilowski, Amy Slewko, Edgar Sosa, James Tracy, Monique Tyminski, John Wierdsma

MAFP 12th Annual Family Practice Update

April 15 & 16, 2004

GENERAL INFORMATION

The 12th Annual MAFP Family Practice Update is presented by the Maine Academy of Family Physicians to provide ongoing quality education for family physicians through didactic lectures and workshops on practical subjects. Friday, April 16th will be presented in conjunction with the Maine Psychiatric Association with topics of interest to both specialties.

ACCREDITATION: Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.
(Please call MAFP office for info)

CONFERENCE CENTER & HOTEL:

Portland Marriott at Sable Oaks
200 Sable Oaks Drive
South Portland, ME 04106
Phone: 207-871-8000

OVERNIGHT ROOMS: The MAFP has reserved a block of rooms at the Marriott-Sable Oaks at the special rate of \$99 for a standard room. This rate may be extended to attendees five (5) days before and three (3) days after the conference dates for attendees who wish to stay before or after the conference. For other rates, please call the hotel directly. These rooms rates are available only until March 15th, after that as available only. Please make your own hotel reservation directly with the Marriott. You must tell the reservations clerk that you are attending the Maine Academy of Family Physicians conference to receive the special group rate.

REGISTRATION REFUND POLICY: A full refund less a \$25 administrative fee will be issued to prepaid registrants unable to attend when requested in writing. Refund request deadline postmarked by: April 25, 2004.

CHILD CARE: The MAFP discourages bringing children into educational events because it could be a distraction to the attendees' learning experience. Babysitter services can be arranged prior to the conference directly through the hotel.

SPECIAL ACCOMMODATIONS: If you have any physical or dietary requirements that may require accommodations in order to fully participate in this activity, please call the MAFP office before April 1st. If you need further information please contact:

Maine Academy of Family Physicians
PO Box 424, Hartland ME 04943
Phone:207-938-5005
Fax:207-938-5931
Email: maineafp@tdstelme.net

PLANNING COMMITTEE: Maine Academy of Family Physicians:

Chair, James Smith DO, Farmington
Armand Auger MD, Farmington
Minda Gold MD, Damariscotta
Richard Hobbs MD, Fairfield
Roy Miller MD, Coopers Mills

Maine Psychiatric Association:
William Matuzas, MD

MAFP 12th Annual Family Practice Update

April 15 & 16, 2004

THURSDAY, APRIL 15, 2004

8:00-9:00 ABFP Maintenance of Certification

*Joseph Tollison MD
ABFP Executive Director*

Will discuss the American Board of Family Practice changes in certification. Ample opportunity provided for question & answer

9:00-9:15 BREAK

9:15-10:15 KEYNOTE

Governor John Baldacci

Will address issues of healthcare in Maine and provide opportunity for question & answer

10:15-11:00 Medicaid Prior Authorization Program

*Jude Walsh
Director of Healthcare Management*

Will provide an overview of the MCD Prior Authorization Program and provide for question & answer from audience

11:00-11:30 The Ageing Eye

Martin Whitaker MD

Will provide an overview of major diseases affecting the ageing eye, age-related Macular Degeneration, Glaucoma, Cataract, and review treatment options.

11:30-12:00 Audiology

Anne Giroux, Au.D

Will discuss audiological terminology, interpretation of tests results, and provide a better understanding of the negative impact of hearing loss on a persons communication situations.

12:00-12:30 Dentistry for the Family Physician

Peter Guzzetti DO

Will discuss dental emergencies and oral pathology that the family physician would encounter.

12:30-1:30 LUNCHEON

Resident/Student Luncheon
Exhibit Hall Luncheon

1:30-2:00 Physiatry -

speaker t.b.a.

2:00-2:30 Common Foot Problems Seen in Primary Care Setting

Jeffrey Johnson DPM

Will provide the Family Physician with information on treatment of uncomplicated foot problems.

2:30:2:45 BREAK

2:45-4:00 WORKSHOP SESSION 1

1) Family Practice Jeopardy

Allison Monroe MD, MMC FP Residency

Will demonstrate using the Jeopardy format as a teaching tool and review common Family Practice areas such as Geriatrics, Sports Medicine, Pharmacology, and Integrative Medicine.

2) Promoting Breastfeeding in Primary Care

Shannon Kenney DO, CMMC FP Residency

Introduction to Healthy Family Breast Feeding Goals & Baby Friendly Hospital Initiative; Will discuss tools for effective counseling and practice some tools to promote breast-feeding education & practice.

3) Cultural Competency & Primary Care

Cathy Morrow MD, Barbara Ginley MD

Will focus on fundamental principles & practical applications of providing culturally competent care in populations of limited but increasing diversity.

4) Dentistry for the Family Physician

Peter Guzzetti DO

Will demonstrate techniques the family physician can use to treat dental emergencies.

5) BCLS (Basic Cardiac Life Support)

Janet Smith RN

4:00-4:15 BREAK

4:15-5:30 WORKSHOP SESSION 2

1) New Advances in Physical Therapy for Family Practice

Lauren Hebert, PT, OCS

MAFP 12th Annual Family Practice Update

April 15 & 16, 2004

Will present new, non-invasive methods of differential diagnosis of mechanical low back pain, common musculoskeletal problems and provide an understanding of new methods of physical therapy treatment of low back, neck, headache, and upper extremity over-use.

2) Cultural Competency & Primary Care

Repeat of Session 1

3) Clostridium Difficile, the Recent

MaineGeneral Experience *Mary Ready MD
MeDartmouth FP Residency*

Will discuss mortality & morbidity of recent cases, CDC treatment and prevention guidelines.

4) A Clinical Prediction Rule for Vertebral Disc Impingement

*Stuart Damon DO
EMMC FP Residency*

6:00-8:00 DINNER

(additional ticket purchase required)

"Is Good Medicine Compatible With The Political Climate?"

Time allowed for open discussion with the MAFP leadership and Dr. Michael Fleming, AAFP President

FRIDAY, APRIL 16, 2004

*Co-Sponsored with the Maine
Psychiatric Association*

7:00-8:00 Early Bird Session

1) OB Update
2) What Family Physicians and Psychiatrists Need To Know To Prevent Psychosis *William McFarlane, MD, DFAPA*

8:00-11:30 New Approaches to Differential Diagnosis & Therapy of Dementia

Karen Gershman MD, Betsy Hart MD

Will provide a working knowledge of Executive Function and it's value in screening for subtler dementias; familiarity with most easily used tests of Executive Function; and the use of drugs for Dementia and concomitant behavioral disturbances.

9:30 - 10:00 BREAK

11:30-12:00 Alzheimer's – A Family Member's Experience

12:00-1:30 LUNCHEON

- 1) MAFP Annual Business Meeting and Luncheon
- 2) Exhibit Hall luncheon

1:30-5:30 MAFP/MPA COMBINED SESSION

1:30-1:45 MAFP/MPA Consultation Project – Progress Report

*Rick Hobbs MD, MAFP
David Moltz, MD, MPA*

1:45-2:25 Assessment & Treatment of Patients with Depression & Co morbid Chronic Pain & Opiate Use/Abuse

Robert Coswell MD

2:25-3:10 Assessment & Treatment of Patients with Opiate Use/Abuse & Co morbid Depression & Chronic Pain

George Dreher MD

3:10-3:20 BREAK

3:20-4:05 Chronic Pain/State and Federal Regulation- Avoiding the Potential Pitfalls of Opiate Use

Gary Palman DO

4:05-4:50 Discussion of the Relationship of Depression, Chronic Pain & Opiate Use/Abuse

David Folks MD

4:50-5:20 Panel Discussion

Drs. Caswell, Dreher, Palman, Folks

5:20 Closing Remarks

*Dieter Kreckel MD, MAFP President
William Matuzas MD, MAP President*

5:30 ADJOURN

MAFP 12th Annual Family Practice Update April 15 & 16, 2004

REGISTRATION FORM

Please mail completed form with check payable to:
MAFP, PO Box 424
Hartland, ME 04943

Name _____
Title (MD, DO, PA, NP, RN) _____
Resident () Medical Student ()
PA/NP Student ()
Phone: _____ Fax _____
Email: _____
AAFP Membership Status (please complete for CME)
() AAFP Member ID# _____
() Non-member
Mailing Address _____
City _____ State _____
ZIP _____

CONFERENCE FEES

(Breaks, lunches included in fees)

TWO-DAY FEES:	Early	Late
	(Postmarked by 3/15)	(after 3/15)
MAFP/AAFP member	\$260	\$285
Non-Member MD/DO	\$280	\$310
PA/NP/RN	\$210	\$235
Residents	\$ 80	\$ 95
PA/NP Students	\$ 80	\$ 95
Medical Students (Must pre-register)	N/C	

ONE-DAY FEES:

- () Thursday April 15 \$150
- () Friday April 16 \$150

*SPECIAL ONE-DAY FEES FOR RESIDENTS:

- (Postmarked by 3/15) (after 3/15)
- () Thursday April 15 AAFP member -\$40/\$50
Non-member- \$50/\$60
 - () Friday April 16 AAFP member -\$40/\$50
Non-member - \$50/\$60

Total Registration enclosed: \$ _____ (A)

() **I would like to help sponsor a Medical Student or Resident through the MAFP Foundation**
(Suggested donation \$20)

Please make separate check payable to: MAFP Foundation *Your donation is Tax Deductible*
Donation enclosed: \$ _____

LUNCHEONS: (Included for medical professional with paid registration. Please check all that you will be attending) **Pre-Registration required to attend**

Thurs. April 15th () Exhibitor Lunch

Additional adults # _____ @ \$15 each
Amount enclosed: \$ _____
Children (12 & under) _____ @ \$7.00 each
Amount enclosed: \$ _____

Fri. April 16th () Annual Meeting () Exhibit Lunch

Additional adults # _____ @ \$15 each
() Annual Meeting Luncheon
() Exhibitor Luncheon
Children (12 & under) _____ @ \$7.00 each
() Annual Meeting Luncheon
() Exhibitor Luncheon
Amount enclosed: \$ _____

TOTAL ADDITIONAL MEAL FEE: \$ _____ (B)

TOTAL LINE (A) Registration fee \$ _____ (A)

DINNER Thurs. April 15th

_____ @ \$30/ticket \$ _____

TOTAL PAYMENT ENCLOSED: \$ _____

(including registration fee & additional meal fees)

Method of Payment: check VISA MC

Name on card (PRINT) _____

_____ - _____ - _____ - _____ Exp date ____/____/____

Signature _____ Date ____/____/03

CONCURRENT WORKSHOPS:

Please select 2 from each session in order of preference - you will be able to attend 1 workshop from each session. Workshops are on Thursday afternoon only.

BREAKOUT SESSION 1:

- 1) Family Practice Jeopardy
- 2) Promoting Breastfeeding in Primary Care
- 3) Treating Diverse Populations
- 4) Common Dental Concerns for Family Physicians
- 5) BCLS (may be offered Session 1 also if enough interest)

BREAKOUT SESSION 2:

- 1) Physical Therapy for Family Practice
- 2) Treating Diverse Populations
- 3) Clostridium Difficile
- 4) Residency presentation -EMMC

MAFP use only	
Date received MAFP _____	Amount \$ _____ Chk # _____
Name on chk _____	
Confirmation sent _____	
Additional meal tickets:	
Thurs lunch: # adult _____ # child _____	\$ _____
Fri Annual lunch: # adult _____ # child _____	\$ _____
Fri. exhib lunch: # adult _____ # child _____	\$ _____
Thurs Dinner: # _____	\$ _____

I NEED YOUR HELP!!

Please take a moment to send update your contact information with the MAFP office. I am especially lacking Email addresses. You may fax this page (207-938-5931) or Email the office at: maineafp@tdstelme.net Thank you! *Deborah Halbach*

The mailing address below is correct

This is my office address home address

My email address: _____

The address below is incorrect – please update my records

Office address: _____

(please include name of your practice)

Telephone: _____ Fax: _____

Email: _____

Home address: _____

Telephone: _____ Email: _____

I prefer mailings go to my: office address home address

MEMORANDUM

TO: Primary Health Care Providers

FROM: Bureau of Health and Department of Education

SUBJECT: Release of immunization records to schools without parental authorization

DATE: January 2004

The Maine Bureau of Health and the Department of Education have released a Memorandum that defines the legal authority for health providers to release immunization records to schools without parental/guardian authorization. The memorandum is signed by Philip Haines, Privacy Officer for HIPAA Bureau of Health, Paul Gauvreau, Assistant Attorney General, Dr. Dora Mills, Director Bureau of Health and Susan Gendron, Commissioner Department of Education.

Briefly summarized, the memorandum follows a three-pronged inquiry to determine if immunizations records may be provided to schools without parental consent:

1. Do schools function in a public health authority capacity in the collection of immunizations?

HIPAA allows for the release of protected health information to public health authorities without consent. Schools are required by state statute to enforce vaccination requirements and as such, are considered a public health authority.

2. Is there authorization for schools to collect immunization information?

Maine State statute authorize health care providers to share vaccination status information with schools without parental authorization (22 M.R.S.A. § 1711-C(6)(M)).

3. Is the information collected for the purpose of preventing or controlling disease?

The collection of immunization information is for the purpose of controlling communicable diseases.

Consistent with the HIPAA Privacy Rule, Maine law authorizes health providers to share information regarding a child patient's immunization status to school officials for the purpose of determining vaccination status without the necessity of securing an authorization from the child's parent or guardian to share such information.

To receive a copy of the Memorandum, contact DeEtte Hall, Department of Education at 624-6688 or deette.hall@maine.gov.

Asthma Management and Colon Cancer Screening

The Maine Consortium for Clinical Office Systems Improvement (COSI) is currently working on a CDC-funded, Maine Bureau of Health project to enhance the care of patients with **asthma** and to increase **colon cancer** screening in the state. These projects are sponsored by the Maine Asthma Council and the Maine Cancer Consortium.

Two toolkits are available as well as other support and training for practices interested in participating in this initiative. The toolkits include resources for patients and providers and are useful for creating a team approach in the office setting. The materials promote patient self-management including goal-setting; identification of barriers and challenges; personalized problem-solving; and follow-up support.

If you are interested in any of the following materials and/or services (at no cost). Please **fax** this form to 207-622-3616 or mail to COSI 11 Parkwood Drive Augusta, Maine 04330. **Please check all that apply.**

<input type="checkbox"/> Colon Cancer Screening
<input type="checkbox"/> Toolkit
<input type="checkbox"/> On-site training
<input type="checkbox"/> Telemed training
<input type="checkbox"/> Workshops for Office Teams
<input type="checkbox"/> Asthma Management
<input type="checkbox"/> Toolkit
<input type="checkbox"/> On-site training
<input type="checkbox"/> Telemed training
<input type="checkbox"/> Workshops for office teams
Please provide your:
Name _____
Address _____
Phone _____
Email _____

MAFP and the Maine Psychiatric Association Collaborating on "The Consultation Project"

Maine is a predominantly rural state, with a population of 1.2 million. Most of the 300 psychiatrists are geographically concentrated in the lower quarter of the state, leaving family practitioners and other primary care providers throughout the state without access to psychiatric consultation. The Maine Psychiatric Association is attempting to address this problem with an innovative program called The Consultation Project.

Developed in collaboration with the Maine Academy of Family Physicians, the program links volunteer psychiatrists with rural primary care practices. An ongoing consultative relationship is developed, in which the rural practitioner calls on the psychiatrist as needed for advice and guidance. The contacts are by telephone or email, and are in the nature of "informal consultations" rather than treatment or supervision. Cases which cannot be handled by informal contacts are referred to a state-wide telepsychiatry initiative, which provides a "face-to-face" consultation that is reported back to the practitioner and the consultant.

What is novel about the Consultation Project is the ongoing relationship between consultant and consultee, which allows them to develop a shared body of experience, as well as the opportunity to consult on cases over time. The project is just being implemented, and already 18 psychiatrists have volunteered to participate. This has been a very positive demonstration to primary care providers that the psychiatric community is able to respond to their needs. We anticipate that more volunteers will join as the project proceeds, and that many consultants will cover multiple practices, allowing a substantial impact on the ability of primary care practitioners to provide quality psychiatric treatment across the state.

There will be an update on "The Consultation Project" at the upcoming MAFP 12th Annual Family Practice Update, April 15 & 16. For more information on the project and how to sign up to participate, please go to the MPA's website- www.mainepsych.org.

Staff meeting idea and resource


Infection-related lawsuits are making news across the country. Plaintiffs' lawyers claim that healthcare organizations are negligent due to failure to enforce appropriate infection control standards.

If you can't remember the last time you offered an inservice on handwashing to your staff, here is a great resource for you.

The Hospital at St. Raphael in New Haven, Connecticut has created a fabulous web site - www.handhygiene.org. The site has everything you need for an excellent inservice on handwashing. The slide show, handouts, and frequently asked questions and answers are there for your immediate use.

Another Idea: Your soap supplier may have created laminated handwashing posters about how and when to wash hands. Those just-in-time reminders can make a difference!

Now on CD-ROM . . .
 a comprehensive collection of questions and discussions from the most widely recognized self-study/self-evaluation program for family physicians. . .

 **The Core Content Review of Family Medicine**

The editors of The Core Content Review of Family Medicine have compiled approximately 1,000 question-discussion sets and clinical set problems, relating to all aspects of family medicine from the review's 2001, 2002 and early 2003 study programs, to create a comprehensive, interactive electronic reference resource. The newly released CD-ROM provides:

- a practical means to refresh and strengthen your knowledge base in preparation for board certification/recertification.
- a by-subject, instant retrieval feature that gives you easy access to 36 different subject categories.
- an automatic scoring feature that helps you identify your areas of relative strength and weakness.
- automatic tracking of earned CME credits to simplify your credit reporting process.
- easy keyword search capability.
- both PC and Macintosh compatibility.
- an outstanding addition to your medical research library.

This innovative, family medicine-focused CD-ROM, developed by the Ohio and Connecticut chapters of AAFP, is approved for up to 104 prescribed credits by AAFP and Category I credit by AMA.

(Note: If you have claimed credit for the 2001-02 or 2002-03 year versions, you cannot claim credit again.)

For more information, call 888.343.CORE or visit www.corecontent.com

WE'VE GOT THREE GREAT WAYS TO SOLVE AMERICA'S CALCIUM PROBLEM.



According to the United States Department of Agriculture, most Americans just don't get the calcium they need every day.

That's why we're launching a new marketing and educational effort called 3-A-Day of Dairy.

This program will help spread the word that three servings a day of milk, cheese or yogurt are a delicious way to get the calcium you need for stronger bones and better bodies.

It's a very simple message. And it's receiving support from health professional organizations like the American Academy of Family Physicians, the American Academy of Pediatrics, the American Dietetic Association, and the National Medical Association.

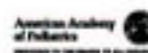
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Just look for the 3-A-Day logo on milk, cheese and yogurt products that are an excellent source of calcium. The Dietary Guidelines for Americans recommend choosing a diet that's low in saturated fat and moderate in total fat. So be sure to enjoy the low-fat and fat free varieties of dairy often – all readily available.

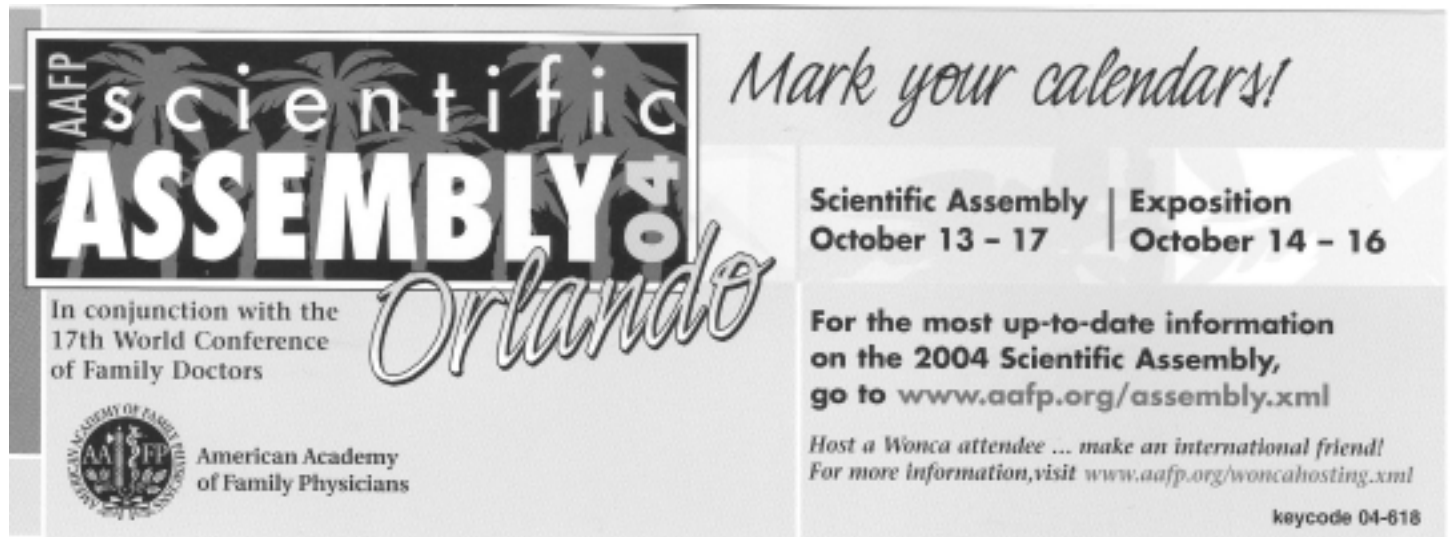
For free patient education materials visit www.3aday.org or www.nationaldairyCouncil.org.

Supported by:



Non-dairy sources of calcium are available; however, inclusion of low-fat dairy products is the most desirable way to meet calcium goals. *Journal of the American Dietetic Association*, 1999, 99: 738-751.

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AAFP Scientific ASSEMBLY
Orlando

In conjunction with the 17th World Conference of Family Doctors

American Academy of Family Physicians

Mark your calendars!

Scientific Assembly | Exposition
October 13 - 17 | October 14 - 16

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Upcoming CME/Meeting Opportunities:

- April 15 & 16 - MAFP 12th Annual Family Practice Update** (see schedule and registration form inside)
- April 23 – Practice Dilemmas , Perspective on Diabetes** – sponsored by Univ of New England College of Osteopathic Medicine & MMC Family Practice Dept. – Sheraton Hotel, So. Portland, 8:00am - 5:30pm – for info and registration call 207-283-0170
- May 14 – Asthma Clinical Update** – location tbd – sponsored by Maine Health, Portland – info www.mainehealth.org - AMA Cat 1 CME awarded
- June 3 - Maine Center for Economic Policy 10th Anniversary** – Keynote Senator George Mitchell- 5-8pm, Holiday Inn by the Bay, Portland – for info call 207-622-7381, or email info@mecep.org
- June 16 – 7th Governor’s Cardiovascular Health Summit** – Colby College, Waterville – sponsored by the Maine Cardiovascular Health Council – for info call Diane Campbell at 207-622-7566, ext 230 or email dianec@mcd.org
- June 17-20 – Alaska AFP 19th Annual Scientific Congress** – Sitka, Alaska – for brochure & online registration – www.alaskaafp.org or call 907-258-2255

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