MAFP & AAFP

Getting the Most From Your Membership

Resources & Support
When & How You Need It - During Residency and Beyond

www.maineafp.org & www.aafp.org
Your Resident Membership Includes

- Annual Dues **PAID** ($30/year) for you by your Residency!
- Unlimited access to all maineafp.org & aafp.org have to offer
- MAFPs Email Newsletter – “the Pine Cone” – delivered to your inbox q 1-2 month
- Unlimited access to AAFP publications to help you in all phases of your training & practice
- Networking with your peers and practicing FP members through “MIGs” (Member Interest Groups) – online forum
- Access to Board Review courses & resources at discounted rates (some items **FREE**)

www.maineafp.org & www.aafp.org
AAFP Journals

American Family Physician
A peer-reviewed clinical journal.

• The “must-read” primary care journal
• An average of 90 CME credits per year
• AFP By Topic

Family Practice Management
A peer-reviewed practice enhancement journal.

• 20 CME credits per year
• Practical, how-to advice
• Contracts, coding, getting paid, life balance, PCMH, and more

More than 100 downloadable tools: www.aafp.org/fpm/toolbox

Print
Online
Mobile app

www.maineafp.org & www.aafp.org
Make the Connection -

- **Connect with your peers in Maine** – attend the Annual Family Medicine Update (*planned by FPs for FPs*) at a deeply discounted rate (< 1/2 price!)
- **Present your Research Project** at the MAFP Annual Update Poster Session
- **Be an Advocate** – attend MAFPs Member Advocacy Training Day (*biennial event*)
- **Connect with your peers nationally** - Attend the AAFP National Conference for Residents & Medical Students in July
- **Be an Advocate** – Consider serving on the MAFP Board of Directors (*a representative from each Maine Residency is chosen each year*) or on one of the Committees
- **Serve Your Community** - Fulfill your Community Service requirement by presenting Tar Wars to a local 4th/5th grade class

www.maineafp.org & www.aafp.org
Make the Connection & Join in the Discussion with your peers nationally

Join one of AAFPs Newly formed Member Interest Groups (MIGs)

- Direct Primary Care
- Emergency Medicine/Urgent Care
- Global Health
- Hospital Medicine
- Independent/Solo/Small Group Practice
- Oral Health
- Reproductive Health Care
- Rural Health
- Single Payer Health Care
- Telehealth

www.maineafp.org & www.aafp.org
Connect to your Maine Colleagues at MAFP’s Annual Family Medicine Update
“CME planned by FPs for FPs”

March 29 – 31, 2017
in Freeport

Remember – 3rd year Residents can report CME’s from your graduation year to apply towards your 1st re-election 3-year cycle as an Active Member!
Family medicine is the specialty that lets you be yourself.
National Conference is the place.

Connect with the people who share your passion, learn the ins and outs of family medicine, and meet with residency programs and employers who are looking for you. Participate in Nat’l Conference Congress and elect your Student, Resident and New to Practice Physician Delegates to AAFP’s COD.

http://www.aafp.org/events/national-conference.html
Advocate for Health -

Present to 4th & 5th grade students at your local school (contact MAFP office to find out how)

Ask and Act - Talk to your Patients about tobacco use.
AAFP has tons of Patient Education Resources at http://www.aafp.org/about/initiatives/ask-act.html

AIM Hi with your Patients - talk with them about healthy habits.
Resources available - http://tinyurl.com/o9as3cr

www.maineafp.org & www.aafp.org
**Educate Your Patients for a Healthier Life**

**FamilyDoctor.org** (in English and Spanish) AAFP reviewed patient education handouts

**Health is Primary**

http://healthisprimary.org/ for Patient Education Resources

Health is Primary is a three-year communications campaign to advocate for the values of family medicine, demonstrate the benefits of primary care, and engage patients in our health care system.

www.maineafp.org & www.aafp.org
Educate Your Patients for a Healthier Life

Information when and where you need it –


www.maineafp.org & www.aafp.org
Resident & Post-Grad Opportunities

- International Family Medicine Opportunities
- Residency Programs with International Rotations
- Family Medicine Clerkship/Preceptorship Directory
- Fellowship Directory for Family Physicians

http://www.aafp.org/medical-school-residency.html

www.maineafp.org & www.aafp.org
3rd Year of Residency & Beyond -

- www.AAFPCareerLink.org
  Find a job with CareerLink: post your resume anonymously, create personal alerts and job seeker accounts

- www.aafp.org.careers
  Career Planning Resources: writing a CV, salary negotiation, employment contracts, compensation models, and more

www.maineafp.org & www.aafp.org
AAFP Board Review Resources

- **Family Medicine Board Review Express™** - AAFP’s Board Review Express Live courses offer an intensive study opportunity over 3-1/2 days to help you prepare for your exam. Offered throughout the year, and across the nation. [http://www.aafp.org/cme/cme-topic/all/board-review-express.html](http://www.aafp.org/cme/cme-topic/all/board-review-express.html)

- **Online Board Review Questions** FREE to AAFP members

**Special Resident Pricing on:**

- **FP Essentials™** and **FP Audio™**
- **FP Comprehensive™**
- **Board Review-Self Study**

CME Reporting & Tracking

Use the AAFP Reporting Tool to keep track and report your requirements to:

- American Board of Family Medicine – MC-FP requirements
- Credentialers – Insurers – State Licensure
- Applications – Employers
- American Board of Family Medicine – MC-FP requirements

www.maineafp.org & www.aafp.org
The BEST news for 3rd Year Residents!

CME earned as of January 1st of your graduation year counts!

Since you’re in your first re-election cycle, you can report CME taken since January 1st of your last year in residency – get a head start!

**You can also report credits from taking any SAM’s (self assessment modules), Part IV Performance & Practice (ABFM MOC), Board Review Courses & taking your Boards**

www.maineafp.org & www.aafp.org
AAFP CME Active Membership Requirements:

• Total of 150 Credits per 3-year re-election cycle

• Starts Jan 1\textsuperscript{st} year following graduation (CME earned beginning Jan 1\textsuperscript{st} of your graduation year until end of year counts!)

• Types of credits: Prescribed – 75 needed, Live – 25 needed, Elective

www.maineafp.org & www.aafp.org
Examples:

- **Prescribed** – Includes completing a fellowship, teaching, participating in a research study, most life support courses, and most activities produced by the AAFP (including quiz cards from the *American Family Physician* and *Family Practice Management* journals, as well as *CME Bulletins*)

- **Live** – Held in real time, and include two or more people and are either Prescribed or Elective credit

- **Elective** – Activities approved for AMA PRA Category 1 or AOA credit, taking a Board Certification exam, or attending medical staff or medical society meetings

www.maineafp.org & www.aafp.org
Discounts for New to Practice Physicians:

- **1st year Active Member Dues discounted** – BOTH AAFP & MAFP
- **$50 off** on MAFP Annual Family Medicine Update
- **$75 off** on FMX Registration, FM Board Review Exam & Self Study Pkgs, AAFP-produced clinical CME Courses
- **$50 off** on AAFP produced Self-Assessment Module (SAM) Working Groups
- **20% off** on All software titles from AAFP Mobile Solutions Center
- **and more . . .**

MAFP & AAFP Leadership Opportunities:

MAFP – Resident representation from each of Maine FM Residencies

AAFP – Elected*:
- AAFP Board of Directors (BOD)
- Chair of the National Conference
- Delegate and Alternate Delegate to AAFP Congress of Delegates (2)
- Society of Teachers of Family Medicine BOD
- AAFP Foundation Board of Trustees
- Association of Family Medicine Residency Directors (BOD)

AAFP – Appointed**:
- AAFP Commission Members (5)
- Delegates to AMA-Resident and Fellow Section (2)
- Resident Delegate to the AMA House of Delegates (2-year term)
- Resident Representative to the AAFP Center for International Health Initiatives (CIHI)

*Annually, at the National Conference of Family Medicine Residents and Medical Students

**Selected from applications by committee

www.mainearf.org & www.aafp.org
AAFP’s policy making body

Meets before each FMX

2 Delegates (active member) from each Chapter and special constituency group*

2016 – September 19 – 21 in Orlando Florida

2017 – September 12 – 16 in San Antonio Texas

*special constituency groups – Women, Minorities, New to Practice Physicians, International Medical Graduates, GLBT physicians (delegates from these groups are elected at NCCL)

www.maineafp.org & www.aafp.org
Be a Leader in Your Specialty.

AAFP Leadership Conference:

(only Active members may vote at NCCL)

3+ days of training – 2 dynamic tracks – 1 focus: LEADERSHIP

- Annual Chapter Leader Forum (ACLF) and
- National Conference of *Constituency Leaders (NCCL)

*special constituency groups – women, minorities, new to practice physician, International Medical Graduates, GLBT physicians

www.maineafp.org & www.aafp.org
NCCL:
NCCL** is the AAFP’s premier policy and leadership development event for *underrepresented constituencies.

- **Create** powerful platforms for change and influence AAFP policies.
- **Inspire** yourself, your colleagues, and other AAFP members.
- **Lead** the way for progress and improvement.
- **Voice** your unique perspective and opinion with others who share common interests.
- **Build** leadership skills to use in your practice and community

(ACLA: NCCL:
ACL is AAFP's leadership development program for chapter elected leaders, aspiring leaders, and chapter staff.

- **Discover** solutions to chapter challenges.
- **Learn** from your colleagues.
- **Strengthen** relationships with peers and AAFP leaders.
- **Refine** leadership skills.
- **Develop** new leaders.

*special constituency groups – women, minorities, new to practice physician, International Medical Graduates, GLBT physicians

(**only Active Members may vote at NCCL)

www.maineafp.org & www.aafp.org
Advocate – Stay involved from everywhere

- advocate from your laptop, phone or tablet
- anytime, real time
- be informed & involved in your future

http://grassroots.aafp.org/aafp/advocacytoolkit

www.maineafp.org & www.aafp.org
Resident & Graduating Residents/New to Practice Physicians Resources – listed in one location on our website – (see “Residents” under Student/Resident tab)

For more information, contact: Deborah Halbach, Executive Director 207-938-5005 maineafp@tdstelme.net www.maineafp.org

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