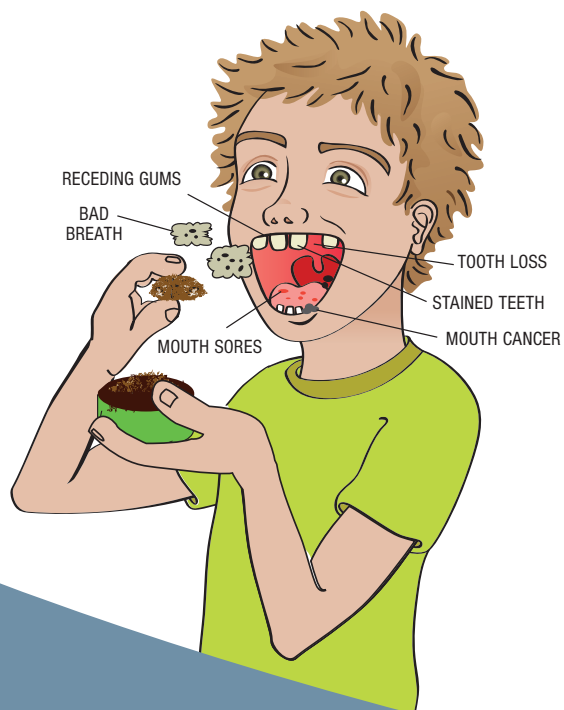


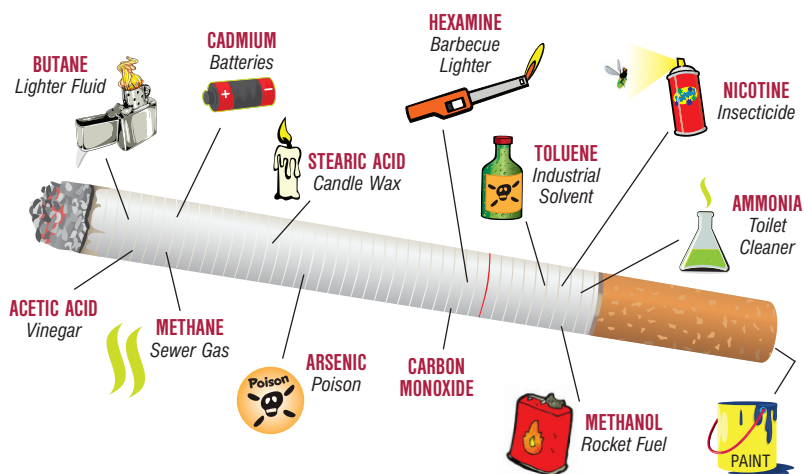
# Don't be fooled, tobacco isn't cool. DON'T BE TRICKED, TOBACCO MAKES YOU SICK!

## Be smart, don't start.

### Effects of smokeless tobacco use



### What's in a cigarette?



### Bring Tar Wars to your school or community.

Tar Wars is a tobacco-prevention program for fourth- and fifth-grade students, and is available free to schools. For information on presenting the program, contact AAFP Tar Wars or your state coordinator.

→ [aafp.org/tarwars](http://aafp.org/tarwars)  
→ [tarwars@aafp.org](mailto:tarwars@aafp.org)  
(800) TAR-WARS

# Be smart, don't start tobacco use.

G X P Q H D X T M P M E H E T  
U N G R H G O S T G Z X U Y E  
J W I W E B U Y H H E A R T E  
H H Z S A S L O N H H L B R T  
E T G C I L S O C E T D H T H  
A U C D E T I U K C A N Y P Q  
L O R M I T R O R F E A T A R  
T M S M C L M E E E R H K Y G  
H Q P I P S T A V D B D J T F  
Y I D G N O R T S D H N A Q J  
Q D M V A W C R W K A O S C J  
A K J A K Y W L Z T Z C L R Q  
E D K H G A I S R B W E F E V  
T R I C K E R Y X R A S L K K  
K P B M O J J S R N S G N U L

ADDICTION  
ADVERTISING  
BREATH  
CLEAN  
COUGH

HEALTHY  
HEART  
IMAGE  
LUNGS  
MOUTH

PHLEGM  
PRESSURE  
SECONDHAND  
SMELLY  
SMOKE

STRONG  
TAR  
TEETH  
TOBACCO  
TRICKERY