

20th Annual MAFP Family Medicine Update

April 11-13, 2012

Wednesday, April 11, 2012

1:00-5:00pm	SAM (ABFM Self-Assessment Module) Study Group - TOPIC: Heart Failure (@ Atlantic Oceanside conference center) **additional fee workshop** . Each participant will be asked to review 6 of the 60 questions in advance and be prepared to provide the best answer to those questions. This makes it more educational for the group and markedly reduces test fatigue. Minimum participation is 8 – please register by March 30th to insure our ability to hold this additional workshop.
2:30-4:00pm	Tours of Jackson Laboratory *Free – must sign up in advance (security badge required)**

Thursday, April 12, 2012

ALL sessions at Atlantic Oceanside Hotel & Conference Center

7:55-8:00am	Welcome & announcements		
8:00-8:45	“ NAS: Not A Simple (Thing) ” – Joseph Vitterito MD – Review/define Neonatal Abstinence Syndrome; review local experience/data, treatment ideas & options. Will help FP’s to understand the most important mainstays of treatment.		
8:45-9:20	“ Evaluation of Abnormal LFTs ” – Harry Colt MD – Participants will be able to recognize common patterns of abnormal liver tests, list the common causes of hepatocellular injury & common causes of cholestatic disease as well as initiate cost effective workup of abnormal liver tests.		
9:20-9:35	BREAK		
BREAKOUTS (choose one) 9:35-10:30	“ Dermatology Update for Family Physicians ” – Jonathan Karnes MD – Will provide an overview of new advances & current therapy in the management of common dermatologic problems.	“ Hospital Care Transitions – A Hospitalist’s Perspective ” - William Peternel DO - Participants will discuss the “safe passage” of the patient from the hospital setting back into the outpatient setting, defining problematic areas, process of information transfer & phys-to-phys communications.	“ CBT for the Primary Care Professional ” - Jeff Matranga PhD – Participants will be able to summarize what CBT is, relative efficacies for medication vs. CBT. Understand ways that CBT might be used in a primary care setting.
BREAKOUTS 10:45-11:40	REPEAT	REPEAT	REPEAT
11:40- 12:50	LUNCH with Annual Meeting		
1:05-1:55	“ Integrated Care of the Homeless – Lisa Buck MD ” – Discuss how primary care can be the “entrance point” for homeless patients to get integrated medical care; discuss how location, variety of services, attitudes & accessibility can help encourage care seeing by the homeless population. Also will discuss how to make an office that serves the homeless population financially viable & be PCMH level III certified.		
BREAKOUTS (choose one) 2:00-3:00	“ Balint Group ” – Lisa Buck MD – Participants will understand the Balint group experience by participating in a case presentation with a short debrief.	Castling & Splinting workshop: Part 1 – “Upper Extremity” – John Hatzenbuehler MD & David Gallant RN — Participants will understand how to place common upper (part 1) & lower (part 2) extremity casts & splints as well as identify the most useful over the counter splints for common sprains & fractures.	“ Bioethics in a Family Practice Setting ” - Jessica Miller PhD – In a small group setting participants will identify 2 ethical issues that arise in a family medicine setting and apply Jonsen’s four box method.

20th Annual MAFP Family Medicine Update

April 11-13, 2012

BREAKOUTs 3:10-4:10	REPEAT	<i> Casting & Splinting workshop - Part 2 “Lower Extremity”</i>	REPEAT
4:15-5:10pm	AAFP Chapter Lecture Series: “Cardiac Testing” – Participants will assess common cardiovascular conditions for which different methods of cardiac testing are indicated; Interpret the sensitivity, specificity & predictive values of cardiac tests for different risk factors; Compare & contrast risks & benefits of including cardiac tests in the scope of practice. <i>(This activity is supported by an educational grant to the AAFP from Astellas)</i>		
5:30-6:00pm	Reception & networking opportunity		
6:00-6:30pm	DINNER served		
7:15-8:30pm	Evening program: Address by <i>Rick Madden MD</i> , AAFP Board of Directors & Legislative/Advocacy update with Q&A Panel – invited guests include <i>Andrew Maclean Esq.</i> and several Maine political figures.		

Friday, April 13, 2012 - ALL Sessions at Jackson Laboratory

7:25-7:30	Welcome & announcements		
7:30-8:25 (55)	AAFP Chapter Lecture Series: “The Woman With Chronic Pain & Fibromyalgia” – Compare etiologies & presentations of different types of pain, including symptomology of fibromyalgia; Evaluate research surrounding potential causes of pain, particularly fibromyalgia; Formulate individualized treatment plans encompassing appropriate combinations of pharmacologic & non-pharmacologic approaches, with special attention to evolving recommendations surrounding opioid-specific REMS. <i>(this activity is supported by an educational grant to the AAFP from Pfizer)</i>		
8:30-9:25 BREAKOUTs (choose one)	“Chronic Pain Management – Beyond Medication” – <i>Christine Gray PsyD</i> – Will discuss cognitive behavioral approaches to chronic pain management.	“Healthy Lifestyles – Finding the Balance” – <i>Elisabeth Fowlie Mock MD, MPH</i> – participants will share best practices about motivating themselves & their patients to exercise, tips on healthier nutrition and will design their own “Deposits of Success” graphic.	“Review of New Medications” – <i>Dan Moellentini PharmD</i> – Review new drugs likely to be seen in Family Practice clinical settings; discuss novel characteristics of these drugs relative to currently used agents; compare efficacy & side effects; Will also provide information on potential advantages & disadvantages of newly approved drugs, pharmacoeconomics & insight into potential place in therapy.
9:30-10:25 BREAKOUTs	REPEAT	REPEAT	REPEAT
10:25-10:40	BREAK		
10:40-11:35 (55)	AAFP Chapter Lecture Series: “Depression in Women” – Participants will recognize characteristics of the different types of depression & mood disorders and their prevalence among female patient populations; Discuss utilization of appropriate diagnostic criteria to evaluate & screen as well as prepare appropriate treatment plans that include both pharmacologic & no-pharma approaches to therapy. <i>(this activity is supported by an educational grant to the AAFP from Pfizer)</i>		
11:35-12:15 (40)	Bath Salts – “There Must Be A Better Way To Relax” – <i>Kelly Klein MD</i> – Overview of this new to the US designer drug, what the drug does per the user. How to deal with patients using.		
12:00-5:45pm	Separate Conference: “Cancer in the Family: Primary Care Matters” This half day free CME* event will be held in conjunction with the Maine Dartmouth Family Medicine Residency Program, funded by a grant from the Maine Cancer Foundation. The goal of the session is to enhance Maine health care providers’ understanding of the various aspects of detecting and managing individuals with familial cancer syndromes. <i>*Please indicate your intent to attend on the MAFP Registration form. YOU MUST REGISTER SEPARATELY FOR THIS CONFERENCE ON LINE AT: www.mainedartmouth.org</i>		